

Athlete Development Program (ADP)

Mission Statement

To be the school of choice for talented sporting students in our community. We will achieve this by providing students with an opportunity to excel in their chosen sport, through a flexible approach to their learning.

What is the Purpose of the Program?

The program aims to provide your child with the opportunity to:

- Discover clearly defined pathways to allow a seamless transition for students to pursue their sporting ambitions
- Develop their skills in an inclusive, supportive and stimulating environment
- Establish high level leadership qualities in their personal, educational and vocational endeavours
- Access expert technical coaching at school with support from industry specialists
- Be involved in a structured personal development program that instils lifelong skills that encompass healthy and active lifestyles
- Access a purposeful athlete mentoring program that challenges student mental and physical wellbeing, particularly in regards to training demands, competition pressure and sports psychology

What Makes the Athlete Development Program Unique?

The program also:

- Emphasises holistic athlete development, and will also cater for a range of other team and individual sports
- Participate in a program that allows for a flexible curriculum to suit training schedules
- Access expert technical coaching at school
- Parent/coach involvement
- Participate in training that is designed to enhance progression in chosen sport

How is the Program Structured?

2 x 100 minute blocks per week of Personal Development & Physical Education:

- These classes will become the Athlete Development Program classes
- This will focus on holistic athlete development from a practical and theory perspective, not just sport-specific skills

1 x 60 minute technical training session per week:

- Session focus is on individual fitness development
 - Facilitated fitness training programs designed and ran by our professional team

What are the Expectations of Students in the Program?

Expectations are high for students in the ADP. Your child will be expected to:

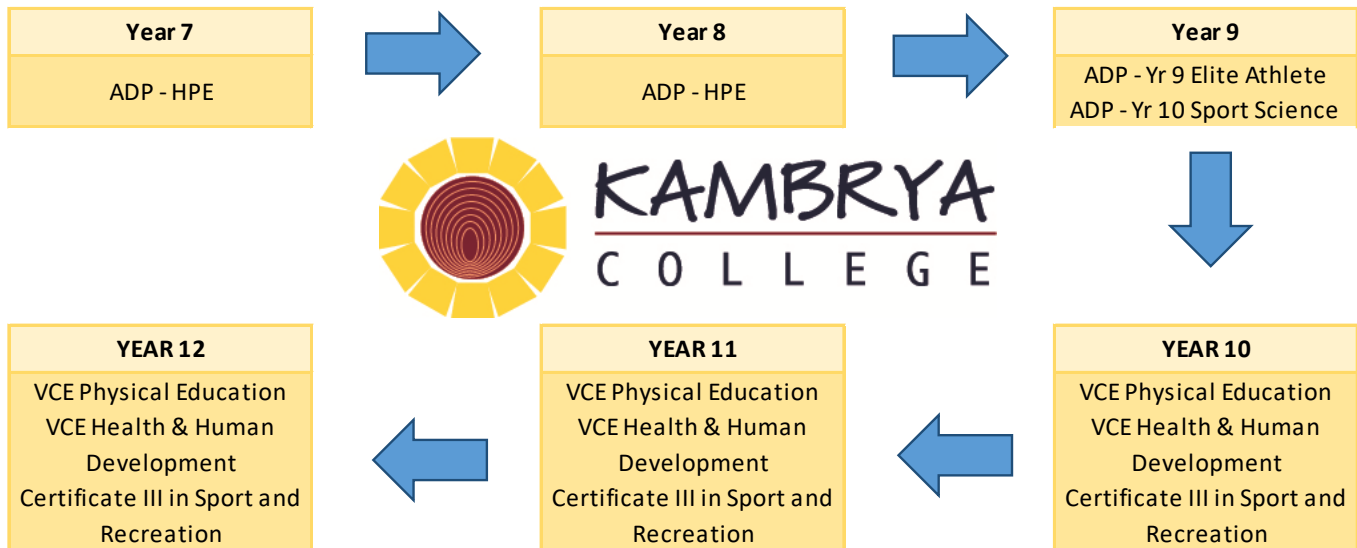
- Conduct themselves in a manner that meets the College's rules and expectations
- Comply with all training requirements and schedules as designed by coaching and support staff
- Demonstrate sportsmanship and fair play principles within the program and during any sport
- Adhere to College uniform requirements at all times, including wearing correct training attire when undertaking classes linked to the ADP
- Maintain acceptable results in their Interim and Semester Reports across all subjects. This will be based on an individual basis and will be at the discretion of ADP staff and Principal Team. Students will be expected to demonstrate genuine effort in all aspects of their schooling
- Maintain 90% attendance to all classes and scheduled training sessions

How are Students Assessed Throughout the Program?

Students will be assessed via the following:

- ADP Assessment Tasks (VicVELS)
 - Physical Education & Personal Development
- Practical abilities (fitness assessments), based on individual student progress
- Semester reports

What Pathways at Kambrya College are Available if My Child is in this Program?



Are There Any Fees Associated With the Program?

As participation in the Athlete Development Program is voluntary, not all of the cost will be covered within the College budget. In 2020 the entry fee for the Athlete Development Program is **\$500**

What does the ADP fee cover?

- Training top – ADP specific
- Excursions/Incursions
- Specialised coaching
- Training program
- Access to industry professionals
- Course materials
- Breakfast every Wednesday morning
- Nutrition Newsletters

Application Process

Parents wishing to enquire further about this program are encouraged to attend an information session on 20th March 2019 or 30th April 2019 at 6:00pm. (School Tours are available before hand at 5.15pm).

All students wishing to apply for entry into this program will need to be aware of the following information:

- Due to the College's rapid enrolment growth, **it is highly unlikely that any students from outside the Designated Neighbourhood Boundary (DNB) will be accepted for enrolment in 2020. This applies to all students, including those wishing to apply for special curriculum programs (SEAL, ADP, MDP).** We will be catering for all students within our DNB first, and will most likely to be at full capacity. Students outside the DNB who have older siblings who will continue to be enrolled at the College in 2020 are exempted and will be guaranteed enrolment into mainstream classes. In 2019, 430+ families applied, and 125+ outside the DNB were declined
- Please refer to our webpage: <http://www.kambryacollege.com/> Transition and Enrolment tab for further information

The Special Programs application process is listed below:

Stage 1:

- Complete and submit all of the following:
 - ❖ Expression of Interest form
 - ❖ ADP Application Profile Form
 - ❖ Relevant references from sporting coaches, teachers, etc. – **maximum of 2 references in total to be supplied**
 - ❖ Submit application to Kambrya College, attention Mrs Rose Serra, **no later than May 10th 2019**
 - ❖ **Late Applications will not be accepted**
- Ensure that KAMBRYA COLLEGE is your number one preference on the Application for Year 7 Placement form (obtained from your child's Primary School)

Stage 2:

- Applicants will be shortlisted at application stage by the college to enter Stage 3
- Applicants not shortlisted will be notified in writing via email
- College decisions are final

Stage 3:

- Shortlisted applicants will be required to attend an interview and tryout. Tryouts will be held **on Tuesday 11th June** and interviews **on Thursday 13th June**.
- Shortlisted applicants will receive an email outlining tryout and interview times and other information

Stage 4:

- After the tryout and interview, Kambrya College will notify shortlisted applicants if they are successful or unsuccessful of obtaining a place in the ADP program by postal service on **Thursday 8th August 2019** – following DET guidelines
- College decisions are final

Stage 5:

- Successful applicants will be required to return their Yr. 7 Special Program Acceptance Form **by 30th August 2019 by 4pm**. Your child's place will **not** be kept if we do not receive the acceptance form by the due date
- Successful applicants who decline their offer will be removed from the program and their place will be taken up by another student where applicable

Timelines and application forms will be made available at the information session, as well as the College website www.kambryacollege.com.